

SCHOOL READINESS PACK

Year 1





Leaving Foundation Stage and getting ready for Year 1

Leaving Foundation Stage behind and moving into Year 1 can feel like a big step for both children and their parents. ISCS Bahrain will make the transition into Year 1 a smooth one. The children will still be learning through play, they will still be exploring, discovering and making plenty of use of their role-play corner. However, over the course of the year, your child's day may be a little more structured than it was in Foundation Stage and they may have to sit at a table for a little longer than they are used to, but they will still also be learning in a variety of ways; while moving, exploring outdoors, in groups, on the carpet or walking around the school!

What will the children do in Year 1?

Your child will have left EYFS behind, although some goals may be carried on with them as they move into Year 1. This will be their first year of the National Curriculum of England and, like all year groups, Year 1 has statutory schemes of learning to follow.

There is a Year 1 phonics screening test in June, which helps your child's teacher to identify if your child is secure in sounding out and blending graphemes. It also detects if they can read phonically decodable words. Don't be worried about this test. Your child's teacher will be assessing your child daily and will have identified any areas they need to focus on well before June.

1. Phonics

Phonics is a big part of Year 1. Your child will continue to expand on their knowledge of phonics and will probably surprise you with just how quickly they develop their reading. They will undertake phonics learning each day, just like they did in EYFS. They will learn tricky words, spelling rules and how to sound out and blend to aid them with their reading and writing.

2. Topics and stories

Your child may be learning through a variety of topics and stories this year, which makes lessons relevant and exciting. They will plan and write their own wonderful creative stories, design posters and leaflets. They will learn to write in sentences and to use exciting language — all while improving their handwriting.



3. Maths skills

Maths lessons this year tend to be enjoyable, with plenty of hands-on activities. Now that they are using numbers over 20, they will learn to use a 100 square to help with their adding and subtracting. Number bonds will also be reinforced and they will learn to count forwards, backwards, in 2s, 5s, 10s, 20s, and they will double and halve. Again, always learning in a fun and engaging way.

4. Beyond literacy and numeracy

There are a wide range of topics covered in Year 1, and your child will undoubtedly have their personal favourites. Some of the Year 1 activities include:

- experiments (science) and product design (DT)
- learning the history of things (history) and about the local area we live in (geography)
- playing games and using gym apparatus (PE)
- painting, drawing and more creative processes (art)

They will also develop their social skills and empathy for each other during PSHE and circle times. Year 1 is an important year for your child's increasing independence.

How can parents help their child in Year 1?

School can be exhausting for a child in Year 1. They are learning so many new things at school, and may well also be starting to join activities after school as well, such as swimming or gym. If you do want to do more at home, why not enhance their reading, writing and maths learning? Ask your child to write a letter to their auntie, count out the cutlery for dinner, read you a story, help at home with cooking and counting.

Below are UK National Curriculum Standards your child is expected to have achieved before entering Year 1:



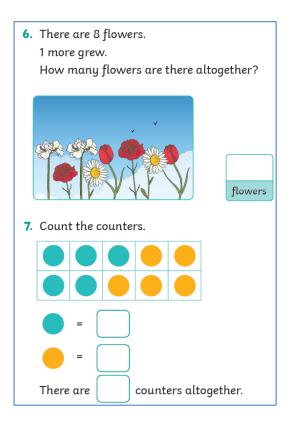
7 Areas of		Aspect	Early Learning Goals					
learning Communication	EI C	Listanias and	Foulty Learning Cool					
and language	ELG 1	Listening and attention	Early Learning Goal Children listen attentively in a range of situations. They listen to stories, accurately anticipating key events and respond to what they hear with relevant comments, questions or actions. They give their attention to what others say and respond appropriately, while engaged in another activity.					
E	ELG	Understanding						
9	2		Children follow instructions involving several ideas or actions. They answer 'how' and 'why' questions about their experiences and in response to stories or events.					
	ELG	Speaking	Early Learning Goal					
	3		Children express themselves effectively, showing awareness of listeners' needs. They use past, present and future forms accurately when talking about events that have happened or are to happen in the future. They develop their own narratives and explanations by connecting ideas or events.					
Dharataal	F1.C	No andreas and	Forth Learning Cool					
Physical	ELG	Moving and	Early Learning Goal					
Development	4	handling	Children show good control and co-ordination in large and small movements. They move confidently in a range of ways, safely negotiating space. They handle equipment and tools effectively, including pencils for writing.					
	ELG	Health and	Early Learning Goal					
5 self-care Children healthy their ow		self-care	Children know the importance for good health of physical exercise, and a healthy diet, and talk about ways to keep healthy and safe. They manage their own basic hygiene and personal needs successfully, including dressing and going to the toilet independently.					
Personal, social	ELG	Self-	Early Learning Goal					
and emotional	6	confidence	Children are confident to try new activities, and say why they like some					
development		and self- awareness	activities more than others. They are confident to speak in a familiar group, will talk about their ideas, and will choose the resources they need for their chosen activities. They say when they do or don't need help.					
	ELG	Managing	Early Learning Goal					
	7	feelings and behaviour	Children talk about how they and others show feelings, talk about their own and others' behaviour, and its consequences, and know that some behaviour is unacceptable. They work as part of a group or class, and understand and follow the rules. They adjust their behaviour to different situations, and take changes of routine in their stride.					
D. D	ELG	Making	Early Learning Goal					
	8	relationships	Children play co-operatively, taking turns with others. They take account of one another's ideas about how to organise their activity. They show sensitivity to others' needs and feelings, and form positive relationships with adults and other children.					

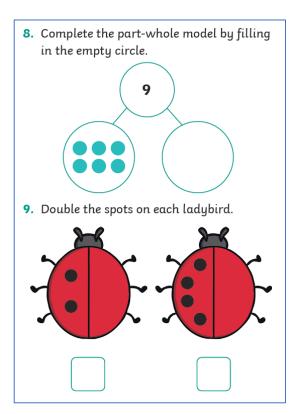


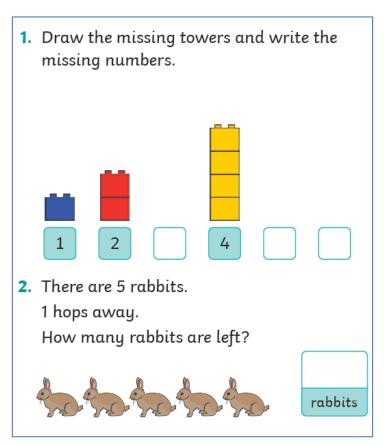
Literacy	ELG	Reading	Early Learning Goal
Literacy	9	Reading	Children read and understand simple sentences. They use phonic
	9		knowledge to decode regular words and read them aloud accurately. They
-			also read some common irregular words. They demonstrate understanding
1	F1.C	NA/wikiw w	when talking with others about what they have read.
Short	ELG	Writing	Early Learning Goal
	10		Children use their phonic knowledge to write words in ways which match
			their spoken sounds. They also write some irregular common words. They
			write simple sentences which can be read by themselves and others. Some
			words are spelt correctly and others are phonetically plausible.
Mathematics	ELG	Numbers	Early Learning Goal
	11		Children count reliably with numbers from one to 20, place them in order
			and say which number is one more or one less than a given number. Using
			quantities and objects, they add and subtract two single-digit numbers and
			count on or back to find the answer. They solve problems, including
			doubling, halving and sharing.
300	ELG	Shape, space	Early Learning Goal
OF COMMENT	12	and measures	Children use everyday language to talk about size, weight, capacity,
190.0			position, distance, time and money to compare quantities and objects and
			to solve problems. They recognize, create and describe patterns. They
			explore characteristics of everyday objects and shapes and use
			mathematical language to describe them.
<u> </u>	1	 	
Understanding	ELG	People and	Early Learning Goal
the world	13	communities	Children talk about past and present events in their own lives and in the
			lives of family members. They know that other children don't always enjoy
			the same things, and are sensitive to this. They know about similarities and
			differences between themselves and others, and among families,
			communities and traditions.
Contraction of the contraction o	ELG	The world	Early Learning Goal
	14		Children know about similarities and differences in relation to places,
			objects, materials and living things. They talk about the features of their
			own immediate environment and how environments might vary from one
			another. They make observations of animals and plants and explain why
			some things occur, and talk about changes.
	ELG	Technologies	Early Learning Goal
	15		Children recognise that a range of technology is used in places such as
			homes and schools. They select and use technology for particular
			purposes.
Everencia cut-	FLC	Evalories and	Foulty Learning Cool
Expressive arts	ELG	Exploring and	Early Learning Goal Children sing songs make music and dance and experiment with ways of
and design	16	using media	Children sing songs, make music and dance, and experiment with ways of
		and materials	changing them. They safely use and explore a variety of materials, tools
			and techniques, experimenting with colour, design, texture, form and
	ELC	Pains	function.
	ELG	Being	Early Learning Goal
	17	imaginative	Children use what they have learnt about media and materials in original
			ways, thinking about uses and purposes. They represent their own ideas,
, ,			thoughts and feelings through design and technology, art, music, dance, role play and stories.



Below are some questions/ tasks/ stories your child should be able to read/ complete before entering into Year 1:

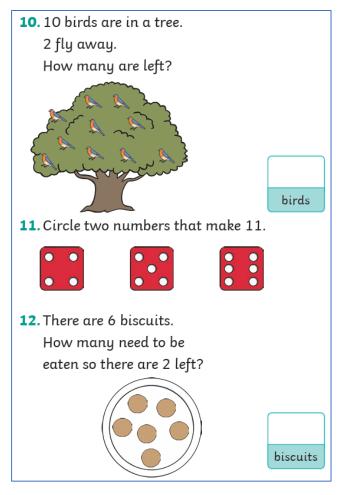


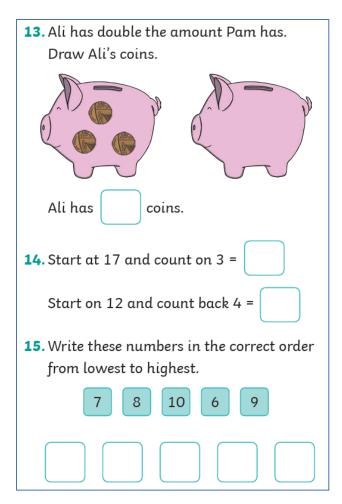


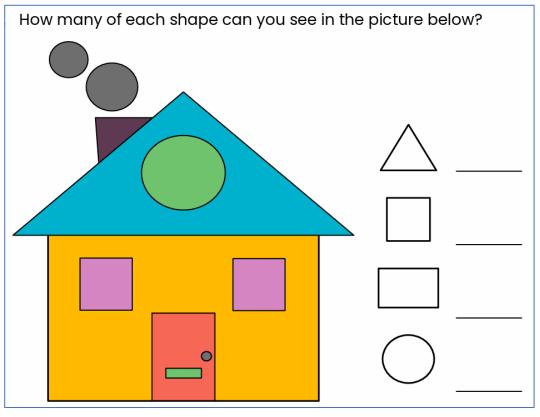


3. Work out 1 more than the bead string.				
-00000000000				
4. Solve the calculations.				
7 + 1 = = 19 + 1				
11 - 1 = = 16 - 1				
5. Use the number lines to solve the problems				
1 more than 9 =				
0 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20				
1 less than 18 =				
0 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20				











Practise these words:

good work

Fish and Chips



Mum gets in her van. She is off to work.

How does Mum get to work? Tick **one** box.

By bus

L

By bike

By van

/an







Then Mum cuts up the fish.

The bits of fish go into the hot fat as well.

What does Mum cook last – the chips or the fish?



Yum! The fish and chips are good.
Mum is good at her job.

5 Will the man like the fish and chips?



Mum's job is at the fish and chip shop.

Mum cuts up the chips. She tips the chips into the hot fat.

Why does Mum cut up the chips? Tick one box.

She is going to buy them.

She is going to cook them.

She is going to throw them away.



Draw a circle round the word that means the same as 'tips'.

pours

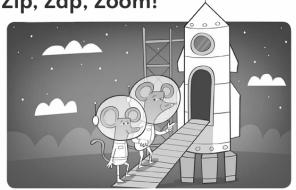
hits

fits

Practise this word:

monsters

Zip, Zap, Zoom!



This big thing is a rocket.

Get in! Off we go. Zip, zap, zoom!



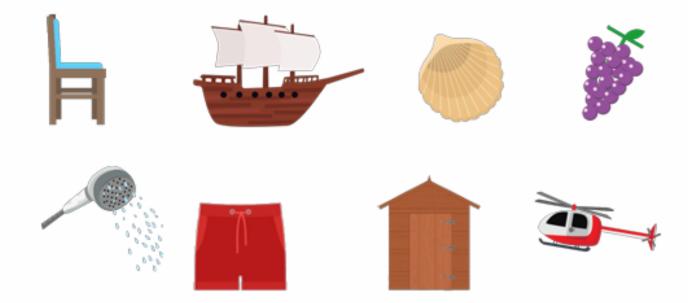
Hang on! This is not the moon! Look – I can see the moon! We will soon get to the moon in I can see a lot of big, bad monsters. this rocket. Zip, zap, zoom! They can see us, too. 4 Why do you think the mice are worried? Tick **one** box. Where do the mice want to go? Tick **one** box. They are scared of the monsters. The sun Mars They do not like flying in rockets. The moon Their rocket is broken. 3 Find and copy three words from the story on this page that all start with the same sound. Quick! Get back in the rocket! Off we go! Zip, zap, zoom!

What is the big thing the mice are getting into?

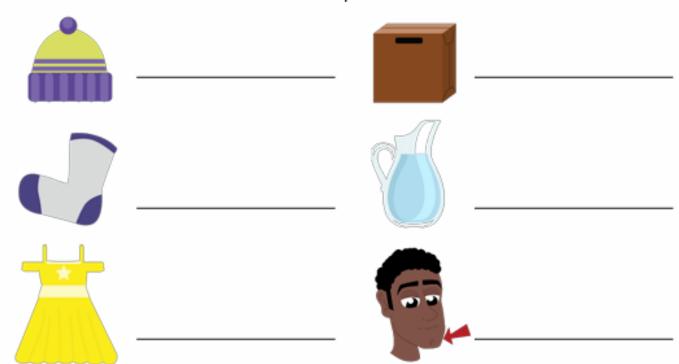


1. Write your name on the line below.

2. Circle the objects whose name starts with the 'sh' sound.



3. Write the correct word next to the picture.





7. Write the correct word next to the picture.





8. Add in the missing capital letters and full stops to the text below.

my book was good the farmer had a silver beard and the cow had some turnip for dinner



Car 1 Beseline Spelling Assessment Checklist

	Word	\		Word	1
1	are		21	no	
2	there		22	one	
3	quickest		23	our	
4	bear		24	tune	
5	by		25	grew	
6	phonics		26	full	
7	she		27	safe	
8	of		28	person	
9	bus		29	claw	
10	mouth		30	year	
11	come		31	be	
12	jumper		32	moon	
13	week		33	said	
14	elephant		34	back	
15	dinosaur		35	they	
16	farmyard		36	pushes	
17	brown		37	bird	
18	Saturday		38	me	
19	Monday		39	kitchen	
20	your		40	were	



Year 1 and 2 Common Exception Words

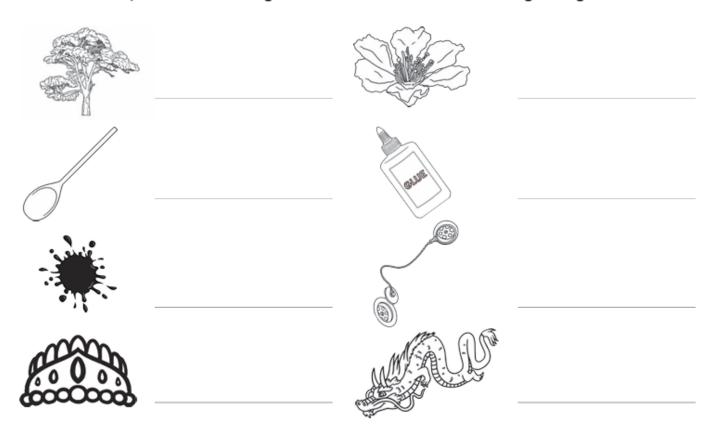
the a do do to to day of said says are were was is has lour they be he me she we no go by my here there where love some one once ask friend schoo put push pull full house our



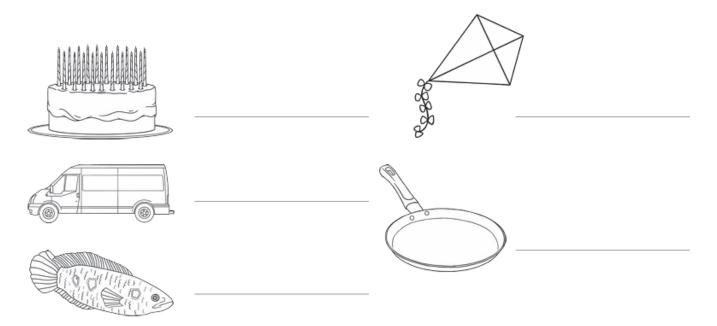
door
floor
poor
because
find
kind
wind
behind
childrer
wild
climb
most
only
both
old gold hold told every great break steak pretty beautifu after fast past father class grass plant path bath hour move prove improve sure sure sugar eye could whold whole any clothes
busy
people
water
again
half
money
Mr
Mrs
parents
Christma:
even



1. For each picture below, say the word and then write the beginning sound.



4. For each picture below, write the word.





Complete the sentences be	low.		
There was a fluffy white		in the sky.	
A big brown	_ fell fron	ı the tree.	The state of the s
My dad put a	_ on me v	vhen I fell asle	ep.
The was ve	ery loud.		